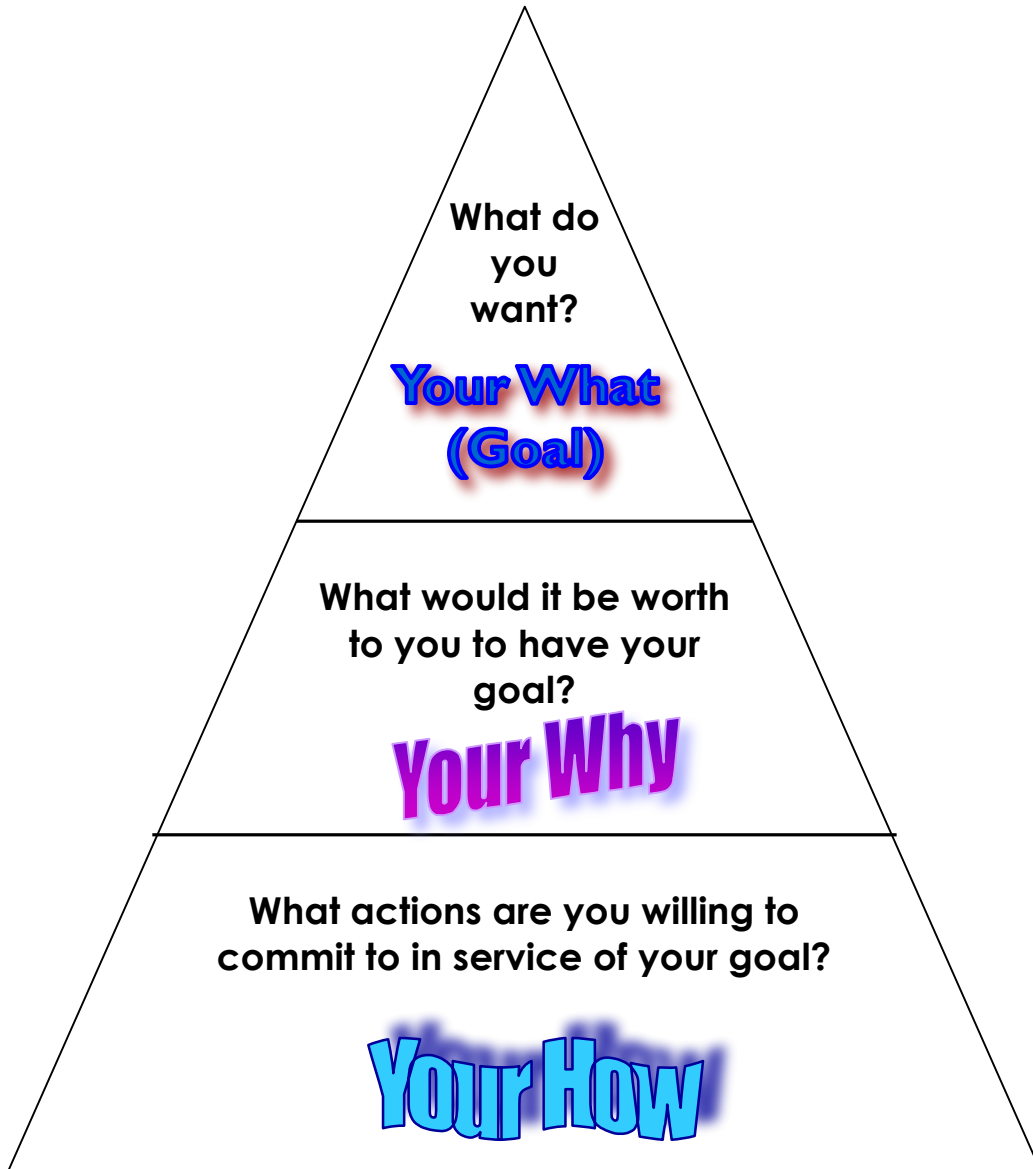


# Anatomy Of A Goal



List three Why's for every What

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

List three How's for every Why (9 action steps)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_